This workshop is for Veterans and 1\textsuperscript{st} Responders

Developed by Fr. Michael Lapsley & the Institute for Healing of Memories, this workshop is a response to the emotional, psychological and spiritual wounds inflicted by war, human rights abuses and other life-changing traumatic circumstances. It provides a safe place for participants to explore personal histories and gain insight and empathy for themselves and others.

It has a proven track record in helping learn ways to overcome anger, loss, grief and guilt. It is not only step on the journey to personal healing, it also contributes to the healing of interpersonal relationships. Here are some of the latest quotes from attendees:

“The benefit was to have been able to release myself from my personal prison I had put myself into.”

“This workshop is the master key to my healing and good health of mind, body and spirit.”

“This was not what I expected...but exactly what I needed!”

Cost & Registration ... (includes 2 nights lodging, meals and program/tuition)
FREE to All Veterans and Retired 1st Responders.
Employed 1st Responders costs: $195/sharing room -or- $245/private room
*We have some scholarships available, please call us.

Register by calling Cyndy at (480) 488-5218
Or email: cyndy@spiritinthedesert.org

Partners In Making this Workshop Available Are:

Margaret Fell, IHOM Trained Facilitator
Margaret has worked with Fr. Michael Lapsley and IHOM since 2007 and is a founding member of the Minnesota Warrior to Citizen Campaign which offered these workshops starting in 2009. She served as chair of the IHOM-North America 2011-2014 and serves as a trained facilitator and trainer throughout the USA. She is an Episcopal priest, holds a BA of Divinity from United Theological Seminary/Seabury Western Theological Seminary. The focus of her ministry is working with Healing of Memories for Veterans workshops.

*For more info on IHOM go to [http://na.healing-memories.org](http://na.healing-memories.org)